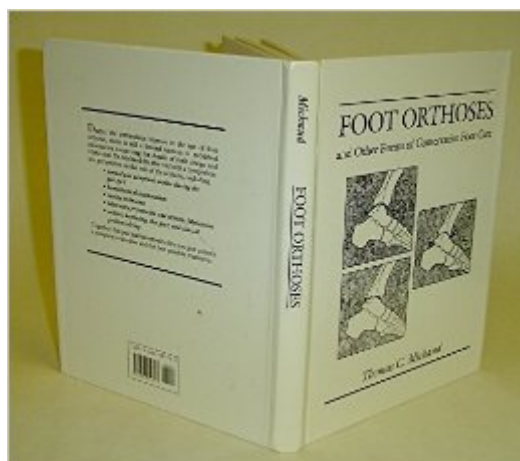


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# Foot Orthoses And Other Forms Of Conservative Foot Care



## Synopsis

Over the past 15 years, the use of custom-prescribed foot orthoses has undergone a meteoric rise in popularity. Because of their ability to improve the functional alignment between the foot, knee, hip, and pelvis, many practitioners have realized that they can effectively treat a wide variety of disorders with custom foot orthoses. Until now there has been a limited amount of published information explaining the details of orthotic design and fabrication. As a result, the interested clinician has been forced to rely on the conflicting and often misleading information supplied by competing orthotic laboratories. The purpose of this text is to clarify the role of the orthotic by relating the science of pedal biomechanics to the objective involved in orthotic design. The early chapters review the cardinal planes of motions, locations of the individual articular axes, the interactions of opposing forces acting upon the foot and the mechanical efficiency of the different muscles as determined by their spatial relationships with these axes. This is followed with a detailed review of both ideal and faulty foot function as related to a myriad of structural and functional anomalies. The final chapters review essentials of the biomechanical examination, casting techniques, orthotic fabrication and a flowchart for clinical problem-solving.

## Book Information

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## Customer Reviews

This is simply the best source that anyone can find on the mechanics, diagnosis, and conservative treatment of the foot. If you are a chiropractor, podiatrist, pedrothist, orthopedist, etc., you MUST have this book on your shelf. The subject of Foot Orthoses is not a simple one, yet Dr. Michaud

does an excellent job of explaining with clear diagrams and illustrations to follow. This book should be mandatory in all schools involved with the subject of foot mechanics and treatment.

I loaned my first copy of this fantastic book to someone a few years ago. I never saw the book or the person again and have regretted it ever since. This time I'm keeping it handy as I use it regularly to help in the design of orthotics for particular types of feet and foot problems. The trouble shooting chart in the back is great and the drawings, descriptions, and explanations are all excellent. This book covers 95% of the orthotic related problems I have encountered with patient's feet in almost 30 years as a Certified Pedorthist.

Truly the best and most comprehensive book of this type. Highly recommended for students and health professionals. You will not be disappointed.

Appreciated the FedEx parcel as it ensured the book arrived safely. The book is also a great tool for my work

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